

# OUR SILENT EXPRESSION : BODY LANGUAGE

## QUESTIONNAIRE – COMMUNICATION LEVEL

### *Knowing Your Body Language*

The purpose of this self-assessment questionnaire is to generate discussion and find out the communication level between the pupils and the teachers and also between the pupils as well to find out the level of knowing and using body language

**I am**

A male

A female

**I am**

- 10 – 12 years old
- 12 – 15 years old
- 16 – 19 years old
- 19 – 30 years old
- 30 years old and more

**1. It is important to read between the lines in communication, and this means keeping a firm eye on other people's body language.**

- I wholly agree
- I somewhat agree
- It depends
- I disagree

**2. I can usually understand how other people are thinking and feeling by listening closely to the things they are saying.**

- I wholly agree
- I somewhat agree
- It depends
- I disagree

**3. I can usually tell when people I meet are unhappy or angry about something.**

- I wholly agree
- I somewhat agree
- It depends
- I disagree

**4. It is important to look people in the eye when talking to them: avoiding eye contact usually means you have something to hide.**

- I wholly agree
- I somewhat agree
- It depends
- I disagree

**5. It is important not to have too much silence in a conversation.**

- I wholly agree
- I somewhat agree
- It depends
- I disagree

**6. It is important not to touch people in professional situations, particularly if you do not know them very well.**

- I wholly agree
- I somewhat agree
- It depends
- I disagree

**7. Laughter and smiling almost always indicate that people are in a positive frame of mind.**

- I wholly agree
- I somewhat agree
- It depends
- I disagree

**8. Demonstrating interest and a positive attitude will come across well in any cultural environment.**

- I wholly agree
- I somewhat agree
- It depends
- I disagree

**9. You usually communicate with your friends using**

- Social networks or Internet
- whatsapp
- mobile phones
- text messages
- emails
- face to face
- other \_\_\_\_\_

**10. The communication „face to face“ is very important among the family members**

- I wholly agree
- I somewhat agree
- It depends
- I disagree

**11. ONLY FOR TEACHERS : You usually use this/these way/s of communication with your workmates**

- E-mail
- Whatsapp
- Internet, social networks
- Phone call
- Text message
- Face to face
- others \_\_\_\_\_

**12. ONLY FOR TEACHERS : You usually use this/these way/s of communication with your students**

- whatsapp
- Internet, social networks
- Phone call
- Text message
- Face to face
- Email
- others \_\_\_\_\_

**13. ONLY FOR TEACHERS : You usually use this/these way/s of communication with your students' parents**

- whatsapp
- Intranet
- Phone call
- Text message
- Face to face
- Email
- others \_\_\_\_\_

**14. To what extent do you agree or disagree with the following statements?**

***ONLY PUPILS: Communication within my class is good***

- I wholly agree
- I somewhat agree
- It depends
- I disagree

***ONLY PUPILS : Communication between my schoolmates and the teachers is good***

- I wholly agree
- I somewhat agree
- It depends
- I disagree

***ONLY TEACHERS : Communication with my workmates is good***

- I wholly agree
- I somewhat agree
- It depends
- I disagree

***ONLY TEACHERS : Communication with my pupils is good***

- I wholly agree
- I somewhat agree

